

Other Services

Carpet & Upholstery Cleaning

We offer an amazing carpet cleaning service using a specialised RUG DOCTOR, The Mighty Pro X3 provides professional-style cleaning that lets us take care of your carpets quickly and easily.



For this service we charge you the same hourly rate as all of our other services.

Please Note
We will move furniture prior to cleaning however this will increase the time we will take to finish.

Ironing Service

We also offer a professional domestic ironing service by the basket. We don't charge by the item, just the time it takes. Prices start from as little as £10.50 for half an hour!



Contact Us

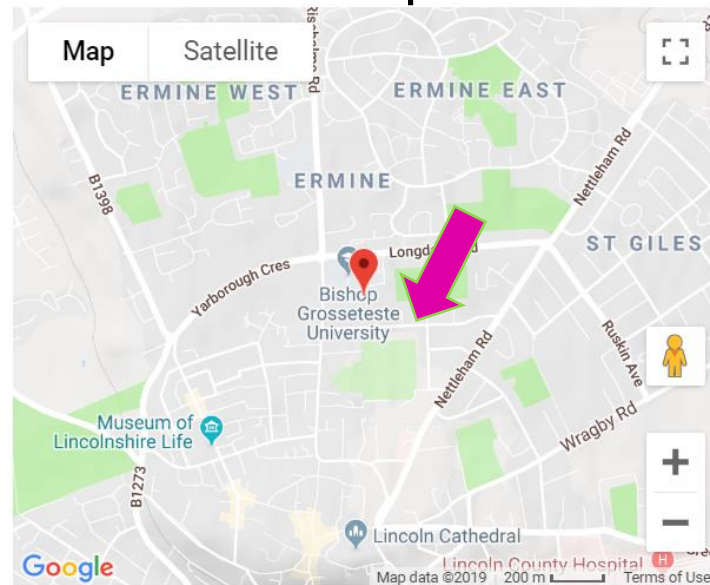
Tel 01522 424161

Mob 07707389229

Email info@ebls.co.uk

Visit www.ebls.co.uk

Map



Why not give us a call for a free and informal chat?



Do you need a helping hand?



We are Reliable

We are Trustworthy

We are Qualified



We can help with a variety of tasks from cooking and cleaning to attending hospital appointments and collecting prescriptions.

Call us for an informal chat on **01522 424161** Or visit our website **www.ebls.co.uk** for more information

About us

Winners of the Lincolnshire Care Associations
Community Care Leadership Award 2019

EarlyBird Lifestyle Support is a **friendly** well-being service based in **Lincolnshire** and **surrounding areas** designed to help people with tasks such as cooking, cleaning, collecting prescriptions and medication, food shopping, outings, escorting to appointments and more.

We also provide reablement services as well as counselling services **bespoke** to each individual.



Our professional support service was created in 2016 with one focus, to help all people **live independently**.

We **specialise** in a range of services to assist people to achieve their goals and maintain their independence and our aim is to make life that little bit easier with the customer being in **full control**.

Fully DBS checked we are **qualified** professionals offering an **honest** and **helpful** service to all people who feel that they need a little support.

Lifestyle Support Services

We offer a range of services for a variety of people ranging from older people, people who have a disability, people who may have a mental health illness or those who would just prefer a little help with everyday tasks.

Care Services

- Personal care
- Assisting with medication
- Live in care

Domestic Services

- Cooking
- Cleaning
- Basic gardening
- Shopping
- Cookery workshops
- Prescription collecting

Assistant Services

- Dog walking
- Escorting to appointments
- Supporting with activity or hobby interests
- Assistance with telephone calls and bill queries

Counselling

We offer a counselling and support service that is designed to support people with a variety of problems. This may be supporting someone who suffers with anxiety and/or depression or helping to support a person through a period of loss and grief. Confidentially assured.

If you wish to speak with us about this service or would like some advice, please contact us on 01522 424161 or 07707389229.

Reablement Services

- Hospital discharge to home / transitional support
- 1-2-1 support
- Confidence building
- Coaching with basic life skills
- Sign posting support
- Assisting with physiotherapist care plans
- Community integration



Companionship

We provide companionship visits and offer support to people who would like a bit of company.

- We can support people with hobbies and interests and take people on days out.
- We contact local clubs and centres to find out what social events are on
- We help people to stay connected, promote well-being and support with any other support needs

