



2019  
LINCOLNSHIRE  
**CARE AWARDS**  
**WINNER**  
Community Care Leadership  
Award

**CARE**

# Do you or someone you know need a helping hand from time to time?



## Lifestyle Support

We specialise in a range of services to assist people to achieve their goals and maintain their independence, such as companionship, shopping, prescription collecting, assisting with GP and physiotherapy plans and to support you access the community and more.



## Domestic & Gardening.

We understand how important it is for people to maintain their home and garden and sometimes this may be a challenge as we get older. We can help with most domestic needs, whether that is general support around the house, cooking, cleaning, home maintenance or gardening.



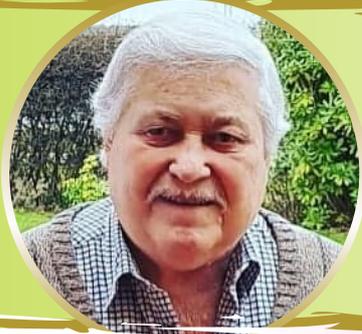
## Personal Care

Sometimes it is hard to accept that we may need a little help on a more personal level. We understand dignity and privacy as if it was our own loved ones. We can provide this aspect of personal support and guarantee the utmost discretion, this includes ensuring that your wishes are met in the comfort of your own home.

We can help provide support for people in  
Lincoln & Surrounding Villages  
North Lincolnshire & South Lincolnshire

## Why Choose Us?

We create your support with you at the heart of it. You will be fully involved in creating the support that is right for you. Fully DBS checked we are qualified professionals offering an honest and helpful service to any person who feels that they need a little extra support.



"The whole team do a fantastic job, it is a great comfort to me and I know my family feel better knowing that there is someone close to look out for me"

"The care and support I receive is a real lifeline for me, staff go above and beyond what is asked and I could not be happier"



"I didn't like the idea of having support at first, but after meeting the staff a few times they quickly changed my mind. I have never met such a kind and honest group"



[www.ebls.co.uk](http://www.ebls.co.uk)



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